

The City of Newport News is pleased to provide continued health, dental and vision insurances to our retirees who already have coverage. Reminder: Retirees may not enroll in health or dental coverage after retirement. Open Enrollment provides an opportunity to update your existing benefits.

- Optima Health will be the new pre-65 health plan administrator for 2020.
- The new Optima Health plan choices will be communicated in a packet coming to your home soon. Your packet will include benefits and rates along with resources to find out more about Optima Health and make the best choice for your family. If you do not make a choice then you will be enrolled in the plan most similar to your current Anthem plan.
- Humana will continue as the Post-65 retiree's health insurance carrier offering a PPO and HMO Medicare Advantage plan.
- Delta Dental and VSP will remain your dental and vision providers for 2020.
- Fitness memberships will continue to be offered through Riverside Wellness and Fitness, OneLife Fitness and the Peninsula Metropolitan YMCA.

# 2020 Retiree Plan Rates

# Optima Health – Pre-65 Medical

POS 750/35/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 422.74	\$ 549.74
Single + 1 Child	\$ 686.19	\$ 896.00
Single + Spouse	\$ 961.88	\$ 1,257.58
Family	\$ 1,161.00	\$ 1,497.12
POS 1500/40/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 422.74	\$ 501.12
Single + 1 Child	\$ 686.19	\$ 816.88
Single + Spouse	\$ 961.88	\$ 1,146.60
Family	\$ 1,161.00	\$ 1,364.19
Equity POS HDHP 2800/20%	CITY PAYS	RETIREE PAYS*
Single	\$ 422.74	\$ 306.62
Single + 1 Child	\$ 686.19	\$ 500.44
Single + Spouse	\$ 961.88	\$ 702.72
Family	\$ 1,161.00	\$ 832.58

### Humana Medicare Advantage Post-65 Medical

	PLAN	CITY PAYS		RETI	RETIREE PAYS*	
PPO		\$	262.49	\$	70.24	
НМО		\$	242.57	\$	40.55	

## Delta Dental - Dental

PPO + PREMIER	CIT	TY PAYS	RETI	REE PAYS*
Single	\$	21.84	\$	11.35
Single + 1	\$	37.58	\$	21.15
Family	\$	65.58	\$	34.00

#### **VSP** - Vision

CHOICE		
Single	\$ 7.50	
Single + 1	\$ 11.60	
Family	\$ 20.00	

#### **Fitness Centers**

YMCA	
Single	\$ 30.00
Single + Spouse	\$ 50.00
One Adult + Children	\$ 53.00
Family	\$ 58.00
ONE LIFE FITNESS	
Single	\$ 25.00
Single + Spouse	\$ 50.00
RIVERSIDE WELLNESS & FITNESS CENTER	
Single	\$ 28.00
Single + Spouse	\$ 56.00

\*The retiree premiums published are for qualified NNERF retirees who receive 100% of the city's contribution.

More information on plans and rates can be found at: www.nnva.gov/retirement.





#### **Open Enrollment Presentations**

These sessions will provide you with details on the benefit plans, options and costs for next year. A meeting is held at 10am & 2pm each day.

# Pre-65 Retirees (Optima Health) Denbigh Community Center

Tues., October 15, 2019 Fri., October 25, 2019 Wed., November 6, 2019

#### **Midtown Community Center**

Wed., October 23, 2019 Tues., October 29, 2019 Thur., November 7, 2019

# Post-65 Retirees (Humana) Denbigh Community Center

Wed., November 13, 2019

#### **Midtown Community Center**

Thur., November 14, 2019